BAF-15303/29 32509sh

- 1. A reduced-friction artificial joint replacement (ADR), comprising:

 a first endplate component adapted for fixation to an upper vertebral body;

 a second endplate component adapted for fixation to an upper vertebral body; and

 a wheel, bearing or other rotating element between the two endplate components

 to reduce friction during spinal flexion, extension or other movements.
- The reduced-friction artificial joint replacement (ADR) of claim 1,
 including one or more rotating elements disposed on casters.
- 3. The reduced-friction artificial joint replacement (ADR) of claim 1, including one or more elements rotatable about axes oriented generally medial to lateral.